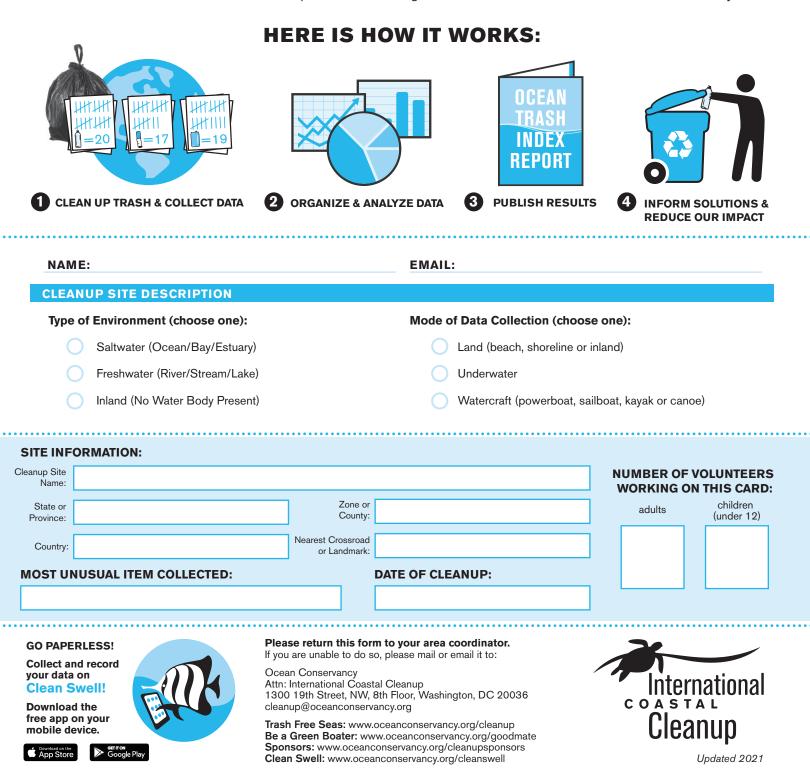


Ocean and waterway trash ranks as one of the most serious pollution problems choking our planet. Far more than an eyesore, a rising tide of marine debris threatens human health, wildlife, communities and economies around the world. The ocean faces many challenges, but trash should not be one of them. Ocean trash is entirely preventable, and data you collect are part of the solution. The International Coastal Cleanup is the world's largest volunteer effort on behalf of ocean and waterway health.



TRASH COLLECTED

Citizen scientist: Pick up all trash and record all items you find below. No matter how small the items, the data you collect are important for Trash Free Seas.[®]

TOTAL #

TOTAL #

TOTAL #

TOTAL #

=

2.5cm (actual size)

miles²/km²

-

	EXAMPLE: Plastic Bags:	JHHT	TOTAL #	Please DO NOT use words or check marks. Only numbers are useful data.
MOST LIKE	LY TO FIND ITEM	S:	+	
Grocery bags (plastic):			=	Cups, plates (foam):
Other bags (plastic):			=	Cups, plates (paper):
Beverage bottles (glass):			=	Cups, plates (plastic):
Beverage bottles (plastic):			=	Food containers (foam):
Beverage cans:			=	Food containers (plastic):
Beverage sachets/pouches:			=	Food wrappers (candy, chips, etc.):
Bottle caps (metal):			=	Lids (plastic):
Bottle caps (plastic):			=	Straws/stirrers (plastic):
Cigarette butts:			=	Utensils (plastic):
FISHING & BOATING:			TOTAL #	ILLEGAL DUMPING:
Line, nets, traps, rope, etc.:			=	Appliances:
Foam dock pieces:			=	Construction materials:
PACKAGING MATERIAL:				Tires:
6-pack holders:			=	OTHER ITEMS/DEBRIS:
Foam packaging:			=	Balloons:
Other plastic bottles (oil, bleach, etc.):			=	Clothing:
Strapping bands:			=	E-cigarettes:
PERSONAL HYGIENE:			TOTAL #	Electronic waste (phones, batteries):
Condoms:			=	Footwear (shoes/slippers):
Cotton bud sticks (swabs):			=	Paper bags:
Diapers:			=	Tobacco products (lighters, cigar tips, wrap):
Gloves & masks (PPE):			=	Toys:
Syringes:			=	Other plastic waste:
Tampons & applicators:		=	Other waste (metal, paper, etc.):	
OTHER ITEMS NOT LISTED:			TOTAL #	TINY TRASH LESS THAN 2.5CM
1.			Plastic/foam pieces:	
2.			=	DEAD/INJURED ANIMAL
3.			=	Type of animal:
4.			=	Status: dead/injured Entangled: yes/no
5.			=	Type of entanglement item:
		units)		
CLEANUP SUMMARY (circle units) Number of Trash Weight of Trash Bags Filled: Collected:			lbs/kg	gs Cleaned: miles/km Cleaned: